



The Delta Kappa Gamma Society International
for KEY WOMEN EDUCATORS

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NEW!
Delta Kappa Gamma
365App available
for both IOS &
Android devices.

2019 Upcoming Events

Save the Dates!

ND State Convention

June 4-5, 2019
Mandan, ND

NW Regional Conference

July 10-12, 2019,
Des Moines, Iowa

International DKG Convention

July 7-10, 2020

The NoDak News

Official Publication of Alpha Omicron State - North Dakota

2018 Alpha Omicron Executive Board Meeting

The State DKG Fall Executive Board Meeting was held Saturday, September 15th at Rugby High School in the library. The regular meeting started at 11:30. The committees met prior.

North Dakota Delta Kappa Gamma

The seven purposes of the society are:

to unite women educators of the world in a genuine spiritual fellowship;

to honor women who have given or who evidence a potential for distinctive service in any field of education;

to advance the professional interest and position of women in education;

to initiate, endorse, and support desirable legislation or other suitable endeavors in the interests of education and of women educators;

to endow scholarships to aid outstanding women educators in pursuing graduate study and to grant fellowships to non-member women educators;

to stimulate the personal and professional growth of members and to encourage their participation in appropriate programs of action; and

to inform the members of current economic, social, political, and educational issues so that they may participate effectively in a world society.

President's Ponderings

Alpha Omicron State President, Brenda Seehafer



I am going to talk briefly about Austin. I was able to attend some very interesting and informative sessions that I really enjoyed; I also enjoyed the keynote speakers, especially Nadia Lopez, very much, as they were very enlightening. It was great fun seeing the presidents from the NW area, whom I had met last summer; we were even able to have a session to do some networking and sharing. Dr. Rhonda Anderson, our former NW Director, guided us through the business and reflection of our NW Regional breakfast; we are now in the hands of Dr. Donna Niday, as our NW Director. I do want to give a "shout out" to those people from ND who helped as greeters at the NW Regional breakfast; they did an awesome job and represented ND very well as they acknowledged our own Cara Mund, Miss America, was from North Dakota and wore crowns, sashes, etc. to show what we represent. We had nine other people from North Dakota who were in Austin for the International Convention, so we had a good showing from various parts of the state. The nine people were Norma Theis, Ann Braaten, Lisa Olson, Lorraine Lutjens, Donna J. Knutson, Madeline Heer, Esther Eustice, Sherleen Lang, and Rosemary Hanson. A huge amount of our time was spent working on the amendments, hearing debates, and thinking about what was the right thing for the future of our organization. If you want to look over what we changed, etc. go to the DKG website and check it out. Lisa Olson

represented us well on the Elections Committee; she was and still is on the Educational Excellence Committee, so she was even at the microphone to reflect on "Impacting Education Worldwide"; and she worked with another person and did a 10-minute takeaway. The ten-minute takeaways happened between the breakout sessions. It was a wonderful experience and one that I will never forget, as I was able to see the DKG Headquarters as well as learn the history of that building and get a feel for the people who work there. I have attended one International Convention before, but this one focused more on me being in the role of your state president.

Some other things that have happened since my last article are that I have completed my chapter visits, we had our Fall Board meeting, and we have a full slate of committee members for each statewide committee. I want to thank all of the chapters for your hospitality when I was able to visit you in the last fifteen months. I learned some things about your chapters and hope that I was able to help guide you in some areas as well; I was also able to meet more of the members of this great organization. My tasks are definitely not over even though this part of my work is done; also, I just want to let you know that if you have any questions or concerns about anything or you just want to chat, please let me know because I am here to help lead this organization, but you the members make it all possible. I am so thrilled that we have every spot on every state committee filled, and I am hoping to utilize these committees more this year, as we are preparing for our "90 Anniversary" celebration at our state convention on June 4-5, 2019 in Mandan. Some of the committees already know their major responsibilities for this year, but I am hoping to involve all of them in our work;

so my plan will be to contact some of the rest of the committees and give them some responsibilities. (I don't have a specific timeline for this at the moment, but maybe this will happen as we work more on the state convention.) The Rules Committee has a big job in front of them with the changes that happened at International, and they are already working feverishly with their task on making changes to the bylaws; this in turn will lead to more work for each chapter in the future in them also making changes to their bylaws. I was very pleased with the committee work that happened at the Fall Executive Board meeting in Rugby. I like the ideas that committees shared and I think that we are making changes that fit with our times and what works for us as an organization in this state.

Please make sure that you are checking the state website, as we try to keep updates and things posted there; this is one of our main forms of communication on happenings, etc. between newsletters, as well as any communications that I have with you as members, chapter leaders, or executive board members. -Brenda Seehafer, ND State President

Highlights of 2018 International DKG Convention, Austin, TX

Meeting friends from past years and making new ones were true highlights of the 2018 International DKG Convention in Austin, TX, in July. New lasting memories were created while rooming with gracious North Dakotans, visiting with women from many countries, and enjoying dinner with former Golden Gift sisters. In one session DKG members from Japan shared the story of "The Blue-Eyed Doll," a program from the 1920s in

which an American offered blue-eyed dolls to Japanese as a good will gesture, and how, even though all dolls were to be destroyed, some survived World War II. -Esther Eustice

Meet Your Chapter Presidents

A special Thank You for your support for DKG and Women Educators!

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Iota Dr. Carolyn Burns
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Pi Kathie Hay kathie.hay@k12.nd.us

Sigma Lisa Quintus
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Tau Peggy Donahe
pdonahe@midco.net

Phi Gladys Gerr

Austin Meeting Provided a Spotlight on the International Part of DKG

This July I had the opportunity to attend my first International Convention in Austin, Texas. I had attended Northwest Region Conferences, 2017 in Rapid City, South Dakota and 2007 in Vancouver, British Columbia, so thought I knew what I was getting into, but the sheer size of the international meeting, with close to 2,000 women attending, surprised me and helped me to more clearly see the strength provided by membership in our organization.

We met at least once a day in General Meetings. Proposed changes to the Society's Constitution dominated these meetings and the strength of Texas as a voting block was demonstrated. The Opening Meeting showed the breadth of our international organization as the flags of each country were presented. As a scholar of clothing and textiles, I was excited to see the flag bearers of the Scandinavian countries, Latin American countries, and Japan wearing the traditional dress of their countries. During Texas night, the Warren Hood Band of Austin, Texas played for us. As I moved close to the stage to better see the musicians, I met a woman from Georgia, two women from Finland and several from Japan. I enjoyed our time together and meeting them inspired me to attend sessions that focused on the international reach of our organization.

The presenters at the Global Awareness Forum told about the collaborative effort of DKG's Canada, Europe, and Latin America and the United States Forums that focused on Teaching Tolerance and Promoting Peace. It was heartening to hear of their efforts. Mansi Mehta, the manager of Global Cause Partnerships for UNICEF also spoke at this forum. She stressed the importance of the partnership between UNICEF and DKG with the Schools for Africa Project. She told how critical DKG support is to the success of educating children to provide them the skills necessary to more fully participate in the world's economy.

One of the most compelling sessions I attended was on the "Realities of Sickle Cell Anemia Disease in Families with School Age Children in Nigeria." The presenters were two educators from Nigeria who each ran schools with over 100 children in them. They explained the shame that a family experiences with having a child with Sickle Cell Anemia. They shared personal experiences telling how medical treatment can help these children thrive and grow into adults that contribute to society. Frequently children are kept home from school and suffer and die at an early age because of the stigma the disease brings to their families. These strong women educators were working to address the stigma of Sickle Cell Anemia through educational efforts. As members of Delta Kappa Gamma in a chapter in the state of Georgia they began to address this issue because of the support and encouragement of the chapter. Their goal is to get 20 women from Nigeria to become DKG members so they can form a State Organization of Nigeria. They illustrate DKG's vision to have "Leading Women Educators Impacting Education Worldwide."

I encourage you to take part in State, Regional, and International Delta Kappa Gamma Conventions. There you will see the strength of community that is brought out by determined women.

-Ann Braaten - ND State First Vice President



Website Compliance

In order to remain linked to the international website, DKG chapter and state organization webmasters must reassert compliance with Society standards at the beginning of each international biennium. The deadline to submit Form 72 is October 31, 2018.

Forms and basic directions for compliance may be found at <http://www.dkg.org/DKGMember/Forms/Website.aspx>

Further Information

Additional information about the compliance process may be found under the **Tools** tab on the DKG website. Click on *Tools* and then on *Communication Tools*.

Once you have reviewed the standards checklist and ensured that your website is in compliance, complete Form 72 and email it to Society headquarters at compliance@dkg.org by the deadline.

Members of the Communications and Marketing Committee will review all first-time websites and provide feedback. Webmasters who are renewing their sites may also request a courtesy review by a member of the C&M Committee.

Once Form 72 is received, personnel at Society headquarters will link your website to the international website and send you a seal of compliance. Post the seal at the bottom of your website!



Get Connected!

The Delta Kappa Gamma Society International

September/October 2018

Communication overload!

If you are a regular smartphone user, you must have noticed some changes in your daily behavior after you began using the device. Perhaps you find yourself cringing at the dulcet tones of your smartphone's message notifications? Using technology tools such as computers and smartphones and engaging in social media can be very stressful, and you may experience communication overload.

Communication overload occurs when you have multiple, simultaneous modes of interaction going on. It exists when you're flooded with just too many emails, phone calls, texts, instant messages, and social media updates. (news.team.biz) With a demand for immediate communications, expanding social media, and rapidly changing technologies, communication overload is becoming a very real and increasingly common issue.

Of course, although using technology tools can be very stressful, doing so is also very useful. For example, researchers (repository.up.ac.za) have shown that, in project management, email communication assists in building and maintaining project team relationships, even with occasional conflict. Furthermore, in spite of the often disruptive nature of emails and resulting stress, emails contribute to task efficiency and effectiveness. The key is to manage communication well!

Below are several tips to stop communication overload!



Tips to stop communication overload

- ✓ Check your emails at set intervals throughout the day.
- ✓ Create folders in your inbox to prioritize important information.
- ✓ Turn off social media notifications when you are working.
- ✓ Choose your communication channels wisely.
- ✓ Select the time and place to turn off the smartphone and the computer for a few hours. (<https://www.aib.edu.au>)



Scholarship and Grant Opportunities

Deadlines: February 1, 2019

**For more information and applications refer to the State DKG website:
northdakotadkg.weebly.com.**

Golden Grants (\$100-\$1000) are available to eligible ND DKG members for the purpose of enhancing educational activities. Such activities include school or classroom projects, seminar or conference attendance, school visitations, & funding for educational research. It is time for to check out the Golden Grants information on the state website. We are very proud to offer this opportunity to any member who has paid Society dues for three years. Here are a few of the guidelines for Grant disbursement: A grant may be in any amount between \$100 and \$1000 when funds are available, if several worthy projects are proposed, the Golden Grants Committee may decide to give partial grants; Grant applicants must predict the educational benefits they expect to result for themselves, their chapters, schools, communities, the state organization, and/or the profession. Grant recipients must evaluate the extent of those actual benefits in their final reports which will be sent to the Golden Grants Committee 30 days after the completion of the activity.

The Hazel B. Nielson Scholarship (\$1500) is available to DKG members who are pursuing advanced degrees in academic areas and have been members for at least two years.

The Adeline Stevenson Nurse Scholarship is administered by Beta Chapter, Fargo. The scholarship is available to *members pursuing a graduate degree in the field of education (not just nurses)*. Application materials may also be obtained from the Beta Chapter president or the state website.

Contact The Delta Kappa Gamma Society International

Mail: P.O. Box 1589
Austin, TX 78767-1589
Telephone: (512) 478-5748
Toll-free: (888) 762-4685
Fax number: (512) 478-3961



DKG International website

is up-to-date and full of information. Please refer to the website for answers to many questions you may have. <http://www.dkg.org>

Alpha Omicron-ND website
<http://northdakotadkg.weebly.com>

Available for Purchase

Contact LaVone Mongeon, ND State Treasurer

Back

Front

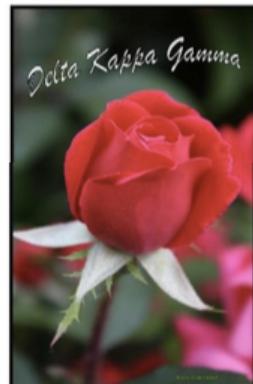
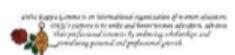
Delta Kappa Gamma Rose Cards

printed on cardstock, sold as variety packs,
and envelopes are included

5 ½" x 8"

10 for \$16.00

(standard half size piece of paper)



4 ¼" x 5 ½"

10 for \$8.00

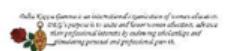
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Back

Front



100% of the money goes
towards ND state funds.



Attention Chapters Communicators!

The members across the state love to hear what you are doing in your area. Please continue to send your **news** to be included. Deadline goal is the end of the month previous to publication.

The Nodak News

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Judy Walter, State Editor
4520 37th St SE, Minot, ND 58701



***WHITE ROSES
OF
REMEMBRANCE***
***"A Moment to Remember...
A lifetime to Honor."***

**Please remember to send a notice to The NoDak News editor with the names and write-up of any sisters who pass, so we can honor and remember them.*

Chapter Communications

Phi



Phi chapter had a wonderful outing for our August meeting. We toured the Scandinavian Heritage Center in Minot.

Our members also enjoyed a delicious lunch at the Dakotah Rose Bed and Breakfast.



The main feature is the Gol Stave Church Museum.



Another attraction especially notable to teachers is a statue of Hans Christian Anderson.

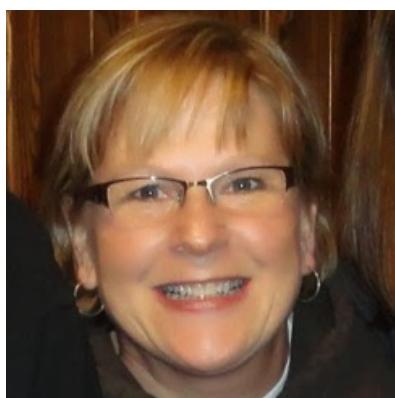


Chapter Communications

Nu - Minot

submitted by Rochelle Feldner

The annual Nu Chapter Scholarship Fundraiser & Wine Social was held in September at Kathy Thiel's beautiful home. This event provides for Scholarship fundraising and inviting prospective members.



Kathy Thiel, retired Minot Public Schools Mathematics teacher, is the president of the Minot Area Retired Teachers Association. This group meets

monthly to maintain awareness on current issues and fellowship.

The Minot Chamber Chorale presented its Fall Pops Concert. Songs performed were Broadway music and show tunes which has become a highlight of the fall concert. Special guests were "Vox Humana," a group made up of Minot State University vocal students. Associate Conductors were Teresa Hargrove and Terri Rubbert. Other members performing were Brenda Demke, Jeannie Sovak and Cheryl Nilsen.

Teresa Hargrove, secondary music teacher at Velva Public School, performed at the Sybil Center in Stanley. It was her first dinner theatre experience.

Sara Gillis, fifth grade teacher at Edison elementary, represents the Minot Public School elementary teachers as a member of the MPS Safety Committee. Goals of the committee are to create procedure/protocol for staff in the handling of student/staff violence and for reporting safety incidents/threats.

Congratulations to Sara Medalen, Reading & Math interventionist at Sunnyside Elementary school, who was chosen as the 2018 Minot Education Association's Teacher of the Year. She was also chosen as one of four finalists for the North Dakota Teacher of the Year. In August, Sara was chosen as a Hometown Hero to fly with the United States Air Force Thunderbirds Air Demonstration Squadron, at Northern Neighbors Day at Minot Air Force Base.



Chapter Communications

Nu continued - Minot

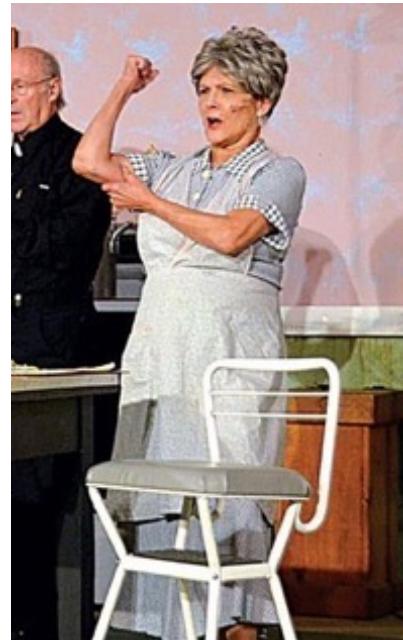
The Nu Notes singing group performed for the 4th Annual “Dancing for Special Stars,” held at Minot State University’s Nelson Hall. This event is a fundraiser for Special Olympics North Dakota and features area celebrities paired with local dance instructors.



Front: Teresa Hargrove, Holly Eidsness, Brenda Demke. Middle: Alyssa Palmer, Colleen Schwan, Sheree Dieder, Joy Shirek, Starr, Cheryl Nilsen. Back: Dawn Freeman, Paula Simonson, Jeannie Sovak, Marjori Bubach & Rochelle Feldner.

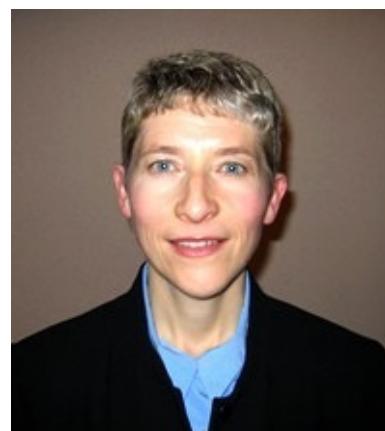
Melissa Naslund, online instructor for Minot State University with the North Dakota Center for Persons with Disabilities department, welcomed beautiful baby son, Landon to their family. Congratulations Melissa!

Laurel Livingston was one of the costumers for the Western Plains Opera Company’s production of “The Barber of Seville.” Paula Simonson and Cheryl Nilsen are members of the WPOC’s Board of Directors.



Holly Eidsness, a member of Minot’s Mouse River Players, performed in the production of “Church Basement Ladies” The show was based on the adventures of being Lutheran during the 1960’s.

Congratulations to Marjori Bubach, Speech teacher at Magic City Campus, who was recognized by the Communications, Speech, and Theatre Association of North Dakota as their 2018 Teacher of the Year.



Chapter Communications

Nu continued - Minot



Jazmine Schultz's Band, "Vanity Plate," recently returned from a 2 week tour of performances in Minnesota, South Dakota, Nebraska, Colorado, New Mexico, Wyoming, Montana, Texas and ended with a homecoming performance in Minot.

There are six members in the band. Jazmine Schultz attended the "Entrepreneur EcoSummit: Minot," hosted by the North Dakota Department of Commerce, the North Dakota Small Business Development Centers, and Fargo-based Emerging Prairie. At the Summit, attendees learned new strategies for improving our community, how to build an entrepreneurial ecosystem and network to support local and economical developers. Jazmine Schultz has taught various arts classes at Make A Scene Kids theatre, which include design, songwriting and production of creating a recording. She has been instrumental in the planning of Minot State University's NOTSTOCK event for many years. It celebrates the arts through an annual, multi-day event that introduces and engages the campus and regional community with a plethora of opportunities for hands-in, hands-on interaction and participation in the arts. Mark your calendars for next year to create with us at the live participatory arts event to be held on October 10-12, 2019 at Minot State University!

Lambda

Lambda Treasurer, Brenda Seehafer, attended the NEA Representative Assembly in Minneapolis in July; she also represents ND on the NEA Resolutions Committee and chairs that committee for the state. She is a board member for North Dakota United. She is also a Lead Ethics trainer for ND United, so helps them go out and present material on this topic; she also recently started helping with the online portion. She also attended the International Literacy Association Conf. and heard from Nadia Lopez, who was also a speaker at the DKG International; it was interesting to hear Nadia twice, as she had a different presentation with the same background at each event. Brenda also recently attended the Fall Conference in Bismarck and heard from some wonderful keynote speakers such as Kim Bearden, George Couros, Michael Bonner, and Steven Constantino.

Xi

Xi Chapter members enjoyed an excellent DKG ambulance tour provided by caring, passionate Oliver County EMTs/EMRs in September at Center. Barb Fleming, the "patient," did a fine job of acting.

